

# ALPINE RUNNER INCLINE TRAINER

Climb to new heights with the TRUE Alpine Runner Incline Trainer, the ultimate in incline training. With an incline range of -3% to 30%, this range intensifies workouts like never before. Choose from a variety of programmed workouts, including TRUE's Monument Workouts. The Alpine Runner features a patented incline system engineered to reduce the load on the incline motor and reduce wear and tear.

Vertical Upper Handgrips  
provide support at highest incline

INCLINE RANGE  
-3% to 30%



Optional Step available

## FEATURES

- Incline range of -3% to 30%
- A cushioning system and deck built to relieve impact on joints
- Vertical upper handgrips provide support at highest incline
- TRUE's Monument Workouts (available on Envision consoles)
- Thumbswitches at the end of the handles for ease of use

## SPECIFICATIONS

### DIMENSIONS (L X W X H)

71" x 39.7" x 71" / 180 cm x 101 cm x 180 cm  
(With optional step - 81" x 39.7" x 71" / 205.7 cm x 101 cm x 180 cm)

### SPEED

0.5 - 12 MPH / 0.8-19 KMH

### INCLINE/DECLINE LEVELS

-3% to 30%

### PRODUCT WEIGHT

592 lbs / 269 kg

### COLOR

Charcoal/Black

## CONSOLE OPTIONS



ENVISION



SHOWRUNNER



ENVISION 9



EMERGE



IGNITE

## ALPINE RUNNER INCLINE TRAINER

TECHNICAL SPECIFICATIONS	Power Source	120V/20A (NEMA 5-20R receptacle) 230V/15A (NEMA 6-15R receptacle)
	Cord Length	12' / 3.7M
	Drive Motor	5 HP AC Max Drive™
	Incline Motor	Compression Elevation Motor with 1200 lbs. of Thrust
	Speed Sensor	Optical
	Deck	Double Sided Thermally Fused Laminated 1" Medium Density Fiberboard
	Reversible Deck	Standard
	Belt	Multi-Ply Belt with PVC Coating
	Rollers	3" / 8 cm Diameter Rollers with Sealed Bearings
	Impact System	TRUE Soft System™ (neoprene shock absorbers, where neoprene is a synthetic material resembling rubber, but slower to deteriorate and more resistant to oil)
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Lubrication	TRUE Proprietary Lubricant "Silex"®
	Speed Range	0.5 - 12 MPH / 0.8-19 KMH
	Incline Range	-3% to 30%
	Decline Range	Yes (-3%)
	Bluetooth Heart Rate Monitoring	Available on Envision, ShowRunner and Envision 9 Consoles
	CSAFE	Yes
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLES	Envision, ShowRunner, Envision 9 , Emerge, Ignite	
ASSET TRACKING	EcoFit Compatible	
SAFETY	Safety Clip	Standard
	Extended Handrails	Standard
	High Incline Handrails	Standard
	Straddle Covers	Anodized Aluminum
	User Detection	User Present Detection™
REGULATORY APPROVALS	UL, CSA, CE, EN957, FCC	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder
OPTIONAL STEP	Robotically welded and reinforced steel frame, molded step with TRUE logo surface	
PHYSICAL SPECIFICATIONS	Footprint	71" L x 39.7" W x 71" H / 180 cm x 101 cm x 180 cm (With optional step 81" L x 39.7" W x 71" H / 205.7 cm x 101 cm x 180 cm)
	Running Surface	60" L x 22" W / 152 cm x 56 cm
	Machine Weight	592 lbs / 269 kg
	Shipping Weight	645 lbs / 293 kg
	Maximum User Weight	400 lbs / 181 kg
	Deck Step-Up Height	5" / 12.7 cm with step. 13.2" / 33.5 cm without step
	Portability	2 Rear Transport Wheels with Built in Rear Handholds
WARRANTY	Warranty Classification	Commercial (all dues paying facilities, regardless of usage)
	Frame	Lifetime
	Motor	5 Years
	Parts	3 Years
	Labor	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



truefitness.com | 800.426.6570 | 636.272.7100

©2021 TRUE Fitness Technology, Inc