

KEISER CARDIO

CARDIO MACHINES



WHOLE-BODY TRAINING, OPTIMIZED
M3i TOTAL
BODY TRAINER

Model 5512

PUSHING THE LIMITS OF HUMAN PERFORMANCE

At Keiser, we're constantly innovating to reach the next level of human performance. We're never satisfied with the status quo. Even if it's our status quo. Because... Strong can be stronger. Fast can be faster. Power can be more powerful. Because science is on our side. **Because... 'Good Enough' Isn't.**

KEISER

KEISER CARDIO

SIMPLICITY IS THE ULTIMATE SOPHISTICATION. In 1996 Keiser set out to create a bike that would exceed the demands of Indoor Group Cycling Classes. The M3 Indoor Bike not only exceeded expectations, but changed Indoor Cycling Bikes forever by introducing many industry firsts including magnetic resistance, V-shaped frames and rear-flywheel design. All of our M Series Cardio Products are made to Keiser's exacting standards to give you the finest in quality, service and performance. In addition, Keiser Integrated Technology uses Bluetooth® connectivity to record and track progress using our M Series Apps.

CARDIO MACHINES M3i TOTAL BODY TRAINER

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PERFORMANCE IN REAL TIME

The M3i TBT came about because our athletic customers needed a bike with an upper body component that would hold up to the rigors of athletic performance. We designed a bike built on the sound platform of the proven M3i. The M3i Total Body Trainer is perfect for those seeking a full body workout, allowing them to train upper and lower body at the same time or independently, or even perform single limb rehabilitative movements. Keiser Integrated Technology allows the coach to monitor each athlete's performance while on the bike in real time on a smartphone or tablet and retain the data to monitor progress.

▶ Visit [keiser.com](https://www.keiser.com) to learn more.



FEATURES

- V-shaped frame to accommodate riders of all body shapes and sizes
- Magnetic resistance for a smooth and quiet workout
- Infinite incremental resistance changes
- Rear-wheel design for protection from sweat and corrosion
- Transport wheels for ease of transport
- Self-tensioning, zero maintenance Poly-V Belt Drive for low maintenance and reliability
- Intuitive, simple to read console displaying Cadence, Power, Kcals, Heart Rate, Ride Time, Odometer, Trip Distance, and Gear, all on one screen
- Keiser Integrated Technology using Bluetooth connectivity to record and track progress using our M Series apps
- Robust adjustment knobs that require less maintenance than cam-locks
- Four-way adjustable seat
- Stretch pads

SPECIFICATIONS

HEIGHT: 54" / 1372 mm

DEPTH: 49" / 1245 mm

WIDTH: 29" / 737 mm

WEIGHT: 112 lbs / 51 kg

KEISER® | BECAUSE...
'GOOD ENOUGH' ISN'T.™

CONTACT A SALES REP TODAY

+1 559 256-8000 | [keiser.com/contactus](https://www.keiser.com/contactus)